TRUE LOVE WAYS: PSYCHOANALYSIS AND MINDFULNESS INDIVIDUAL THERAPY FOR COUPLES.

POLLY YOUNG-EISENDRATH, Ph.D. 2.5 Contact Hours

The unique demands of “personal love” or “true love” in today’s couples require that individuals develop both psychologically and spiritually. This kind of love, which is a form of witnessing and deep personal engagement, has been born from romantic love, but is substantially new to human relationship since the mid-twentieth century. When personal love is confused with the biological imperative of an attachment bond or the illusion of romance, couples therapy will fail because partners will not develop the skills they need to remain separate while together.

Drawing on object relations, Jungian theory, Dialogue Therapy for Couples as well as mindfulness and Buddhist teachings, this presentation will introduce the unique demands of personal love that require couples to work through disillusionment, dissonance, or chronic projective identification, and develop on-going curiously about self and other.

Learning Objectives:
At the conclusion of the presentation, the participants will be able to:
1. Define and apply the concept of projective identification in couples therapy.
2. Compare and contrast adult attachment bond with personal love.
3. Define “disillusionment” and its role in the development of personal love.

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Polly Young-Eisendrath, Ph.D., Jungian Analyst, Psychologist, Clinical Supervisor, Nantucket, Northfield, Vermont. Clinical Associate Professor of Psychiatry, University of Vermont, Burlington, Vermont and in private practice in Central Vermont. Dr. Young-Eisendrath is the chairman of the non-profit “Squeaking Conversations: Buddhists and Psychoanalysts Meeting in person” that hosts conferences in cities across the USA. She has published fifteen books that have been translated into more than twenty languages and sold over 100,000 copies. Some of her recent books are The Present Heart: A Memoir of Love, Loss and Discovery (Stulberg) and The Self Eaten Up: Raising Confident and Compassionate Kids in an Age of Self-Importance (Little Brown, 2009). She co-edits with Tania Dawson: The Cambridge Companion to Jung, New and Revised (Cambridge University Press, 2016). Dr. Young-Eisendrath’s forthcoming book, True Love Ways: Relationship as Psycho Spiritual Development will be published in 2018.
FROM SELF PROTECTION TO RELATIONAL PROTECTION: THE MODIFICATION OF DEFENSIVE STRATEGIES.

RICHARD GEIST, Ed.D., Ed.S. 5 Contact hours

Kohut assumed a clinical instrument in shifting our attention from the removal of individual defenses in the service of making the unconscious conscious to emphasizing the importance of empathically understanding the healthy, self-protective usefulness of defenses, both developmentally and during the therapeutic process. Despite this pivotal change in understanding defenses, there has been little experience or attempts to describe how to help patients to modify characterological and individual defense that interfer with the healing process. In this presentation, Dr. Geist suggests that an important but unrecognized way to work through these resistances is by facilitating a shift in the patient from the need to self-protect to a sense of being protected by the therapist. Verbal and circular examples illustrate a protective attitude and explain how a relational protection is actualized when dealing with characteristic and individual defenses.

Educational Objectives:
At the conclusion of the presentation, the participants will be able to:
1. Describe the importance of shifting from self-protective defensiveness to experiences of protection from the other.
2. Identify the origins of characterological defenses.
3. Explain how the therapist responds to resistances in order to modify them and the attitude and clinical conditions under which this shift occurs.

Richard A. Geist, Ed.D., Ed.S. received his undergraduate degree and his doctorate in Psychology from Boston College and his Ed.S. degree in clinical psychology from Suffolk University. He is a faculty member at the University of Massachusetts Institute for Psychoanalysis. He is a faculty member of the Psychodynamic Systems Institute and of the Board of Directors of the International Society for the Exploration of Consciousness. Dr. Geist is a founding and long-time member of the Association for Self Psychology. Self Psychology and is an associate editor for the International Journal of Transpersonal Psychology. He has written numerous papers on clinical self psychology, many of which have emphasized the theme of consciousness and personal identity. He is the author of several books including: "A New Psychology of the Self: The Development of the Self Psychology Theory" (1998), "A New Psychology of the Self: The Development of the Self Psychology Theory" (2000), and "A New Psychology of the Self: The Development of the Self Psychology Theory" (2002). Dr. Geist is a founding and long-time member of the Association for Self Psychology. Self Psychology and is an associate editor for the International Journal of Transpersonal Psychology. He has written numerous papers on clinical self psychology, many of which have emphasized the theme of consciousness and personal identity. He is the author of several books including: "A New Psychology of the Self: The Development of the Self Psychology Theory" (1998), "A New Psychology of the Self: The Development of the Self Psychology Theory" (2000), and "A New Psychology of the Self: The Development of the Self Psychology Theory" (2002).

PSYCHOTHERAPY AND RELATIONSHIP: THE ART OF INTIMATE CONNECTION

NANCY McWILLIAMS, Ph.D., ABPP 5 Contact hours

In recent decades, in response to pressures from the health industry, psychotherapy has been defined as a set of techniques to be applied to discrete disorder categories. This way of treating humans has made possible the development of powerful evidence-based treatment packages. However, the original approach of psychotherapy as a process that views human beings contiguously, integratively, developmentally, and dimensionally, and that see relationship as the key element in therapeutic change to position that is overwhelmingly supported by outcome research. Dr. McWilliams will argue that the original social work sensibility needs to be reactualized in current controversies about how to view and treat mental suffering, and that the art of relating to individuals with different psychologies needs to be reactualized in the education of psychotherapists. She will apply scholarly work about personality to clinical challenges in relationship, especially with “difficult” clients, in both short- and longer-term treatment. In this context, she will introduce the second edition of the Diagnostic and Statistical Manual, published for this spring.

Learning Objectives:
At the conclusion of the presentation, the participants will be able to:
1. Differentiate between the “neo-Knowlesian” diagnostic approaches, such as those represented in the DSM and ICD systems, and more contiguous, integrative, and dimensional taxonomies that are often more useful for clinicians.
2. Differentiate five elements of building therapeutic relationships with individuals as the borderline of personality organization.
3. Discuss three considerations that apply to working with people whose psychologies include significant narcissistic and/or psychopathic features.

Nancy McWilliams, Ph.D. teaches at Rogers University’s Graduate School of Applied & Professional Psychology. She is author of Psychoanalytic Diagnosis (3rd ed., 2013, Psychoanalytic: Core Competencies and Categorical Diagnosis and Discrimination). She is also author of the APA’s Diagnostic and Statistical Manual of Personality Disorders, co-author and co-editor of The Comprehensive Handbook of Psychopathology, and author of the APA’s Diagnostic and Statistical Manual of Personality Disorders. She is a co-founder of Adult Children of Alcoholics & codeveloper of the 5th Edition of Self and Interpersonal Psychotherapy and Psychodynamic Psychotherapy of Childhood and National Training Programs in both the US and Canada. In 2006, she received the Gertrude B. Brecher Award, the Roseline Weis Award for contributions to Theory (2004). In 2019, she was lauded as distinguished clinical scholar (2007), the Rena upper Award (2017), the Nora Guest Award (2018), the Gertrude Brecher Award (2019), the_BOOLEAN (2019), and the American Psychological Association's Distinguished Contributions to Professional Psychology Award (2020). In 2020, she was elected as an APA fellow. She received the Excellence in Research Award for the Midlife in Transition core study (2006, 2010) and was a coregal of the original study. She is a member of the American Psychological Association’s International Academy of the Social Psychology of Personality and the Scientific Association for Psychodynamic Psychotherapy. She has written and spoken on self, self and interpersonal, and self and social cognition. Her work has been translated into twenty languages.

REGISTRATION

NEW YORK STATE SOCIETY FOR CLINICAL SOCIAL WORK 45TH ANNUAL CONFERENCE

Co-Sponsored with Advanced Clinical Education Foundation of NYSSCSW

To register:
1. Payment by: check, money order, credit card (AMEX, MC, VISA, Discover)
2. Address to: NYSSCSW 350 Seventh Avenue, Suite 106, New York, NY 10001

Room: New York State Convention Center, Pillar 601

Date: Saturday, April 22, 2017

Time: 8:30 AM - 5:00 PM

REGISTRATION FEE

$ 240.00 - Full Conference Registration

$190.00 - Advance Video Conference Registration

$ 195.00 - Early Bird Registration (Before January 30, 2017)

$ 170.00 - Members (Before January 30, 2017)

$110.00 - Members (After January 30, 2017)

For questions regarding disability access please contact Linda or Jennifer, at time of registration, so that we can see to it that arrangements are made to accommodate your special needs.